Master of Science in Nutrition

Student Handbook
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Student Handbook

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Dear Master’s Students:

The University of North Dakota Department of Nutrition & Dietetics (N&D) welcomes you to our part-time, distance Master of Science in Nutrition program that first began August, 2015. We are pleased you’re joining our department at this exciting time in our department history. N&D is committed to preparing nutrition professionals who impact the quality of life for North Dakotans and beyond. This graduate program is advancing our capability to fulfill the University mission to contribute to public well-being and offer students the opportunity to pursue challenging academic programs at both the undergraduate and graduate levels. Our students are our future; their success is our success.

The Master of Science in Nutrition program has two specialization options: (1) Nutrition Education and Counseling and (2) Nutrition Science. Admission requirements include a bachelor’s or higher degree in nutrition, dietetics, or closely related field from a regionally accredited college or university with a cumulative GPA of 3.0. More detailed information about all admission requirements can be found in this student handbook, along with requirements for graduation including successful completion of 32 credits, a practical experience, and independent study or thesis. Our program trains graduate students to be leaders who identify nutrition problems, develop solutions, and measure impacts to improve the lives of individuals and communities.

I encourage all current students to peruse our departmental program website (https://und.edu/programs/nutrition-ms/index.html) and the School for Graduate Studies website (http://graduateschool.und.edu/) for general information about our program and graduate school at UND. I also invite all MS students to contact me directly with any questions or concerns at desiree.tande@und.edu or 701-777-3751.

Our purpose is to help our students achieve their professional and personal goals through graduate education with the Department of Nutrition and Dietetics. We are pleased you have chosen UND and look forward to working with you!

Sincerely,

Desiree Tande, PhD, MS, RDN, LRD
Associate Professor & Program Director
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Catalog Content Non-Binding, Subject-To-Change Statement

Catalogs and bulletins of educational institutions are usually prepared by faculty committees or administrative officers for the purpose of furnishing prospective students and other interested persons with information about their institution. Information contained in such printed material is subject to change without notice, and it is not to be interpreted as creating a binding obligation on the institution and the State. In times of changing conditions, it is especially necessary to have this understood (refer to the University of North Dakota Undergraduate and Graduate Academic Catalog 2018-2019: http://und-public.courseleaf.com).
PART I: MS IN NUTRITION PROGRAM OVERVIEW

Introduction

All MS students must complete 16 credits of core and specialization courses. Foundation courses may be completed through the University of North Dakota MS in Nutrition distance program. The program is a part-time and designed to meet the needs of working professionals and can be completed in 2+ years.

Mission Statement

The mission of the Master of Science in Nutrition Program is to prepare students for leadership roles that address nutrition problems, develop solutions, and measure impacts.

Program Goals

To train professionals who:

- integrate research, teaching, practice and service to identify nutrition problems, and develop solutions, especially in rural, underserved areas.
- communicate clearly, accurately and in a culturally appropriate manner.
- demonstrate critical-thinking and intellectual awareness in problem-solving and assessment.
- exhibit professionalism, ethical conduct, cultural competency, and leadership skills.

Core Competencies

Upon completion of the program students have successfully:

- assessed nutrition education and counseling needs of individuals and at risk groups
- developed and implemented behavior theory approaches while considering unique cultural needs.
- evaluated the effectiveness of nutrition education and counseling interventions for individuals and groups
- applied educational theory, research and experiential knowledge in nutrition education and counseling
- applied theory, research, and experiential knowledge in nutrition education and counseling.
- demonstrated advances professional skills in nutrition education and counseling.
MS in Nutrition Program

Courses are offered online, part-time to meet the needs of working professionals.

Admission Requirements

Admission requirements for the MS in Nutrition program are as follows:
1. Completion of a bachelor's or higher degree in nutrition, dietetics or closely related field from a regionally accredited college/university.
2. Students must have a grade of "C" or better in undergraduate courses in advanced nutrition or biochemistry, human physiology and statistics. Recency of courses will be evaluated.
3. A cumulative Grade Point Average (GPA) of at least 3.0 for all undergraduate work and a GPA of at least 3.0 for the junior and senior years of undergraduate work (based on A=4.0).
4. Meet minimum requirements for admission set by the School of Graduate Studies, including English proficiency requirements.

Admission Process

Applications are submitted electronically and are managed by the School of Graduate Studies. The fall due date is December 1 for spring admission, and the spring due date is April 1 for summer or fall admission. Applicants complete the School of Graduate Studies’ application and obtain three references. Applicants also submit a resume and a personal statement (the essay described in the School of Graduate Studies application).

Finally, the School of Graduate Studies requires submission of an official copy of all academic transcripts, including undergraduate and graduate course work.

All materials are submitted to the School of Graduate Studies, which then transmits the materials to the Department of Nutrition and Dietetics for review. Applicant materials are reviewed by members of the MS Admissions Committee. Criteria considered by MS Admissions Committee members include past academic performance; strength and quality of applicant references; content and quality of the personal statement; and applicant readiness for and goodness of fit for career opportunities as a MS-level nutrition professional. The Admissions committee may request an interview with the applicant to assist in the decision process.

Application Deadline

- Application deadlines are November 1 and April 1.
- Classes begin the following fall semester.
- Part-time (up to 6 credit hours per semester).

After the review process is complete, the Department of Nutrition and Dietetics will continue to accept applications if the cohort is not full.
PART III: MS IN NUTRITION GRADUATION REQUIREMENTS AND
SPECIALIZATIONS

There is currently one program option available to MS students with a specialization in nutrition education and counseling, which is a part-time distance degree option for students with a bachelor's degree in nutrition, dietetics or closely related field. In the future, two program options will be available to MS students. **Please note that no credit is granted to any student for previous work or life experience at this time.**

**Graduation Requirements**

Students seeking the Master of Science in Nutrition degree at the University of North Dakota must satisfy all general requirements set forth by the School of Graduate Studies as well as particular requirements set forth by the Department of Nutrition and Dietetics:

1. A minimum of 32 credits, including 16 credits of core requirements, 9-10 credits to complete one of the specializations, and 7 or less credits of electives.
2. A maximum of one-fourth of the credit hours (eight semester credit hours) required for the degree may be transferred from another institution and must the meet the School of Graduate Studies transfer credit requirements.
3. Completion of a week-long, campus-based training in nutrition practice and research skills.
4. Successful completion of a comprehensive examination.

**MS Core Course Descriptions**

Core courses are listed below and required by all students enrolled in the MS in Nutrition. Each specialization (Nutrition Education and Counseling and Nutrition Science) has unique course requirements and graduation requirements beyond the core course requirements.

**N&D 541.** Biochemical and Physiological Basis of Nutrition: Macro-nutrients. 3 credits. Pre-requisites or co-requisites: Admission to the MS in Nutrition program. Integration of the molecular, cellular, and physiologic aspects of macronutrient and energy metabolism in humans. Dietary energy, carbohydrates, fiber, lipids, proteins, nutritional interactions and metabolic consequences with emphasis on recent advances in macronutrient nutrition are explored.

**N&D 542.** Biochemical and Physiological Basis of Nutrition: Micro-nutrients. 3 credits. Pre-requisites or co-requisites: Admission to the MS in Nutrition program, N&D 541. Integration of the molecular, cellular, and physiologic aspects of vitamin and mineral metabolism in humans. Functions, biological availability, hormonal regulation, requirements, metabolic consequences of
deficiencies or excesses, and interrelations with other nutrients with emphasis on current topics related to vitamins, minerals and phytochemicals.

**N&D 550.** Nutrition Education and Program Planning. 3 credits. Pre-requisite: instructor consent. Theoretical, research, and applied aspects of adult nutrition education. Curricular design models, instructional tools, program planning and evaluation of education interventions will be discussed in the context of chronic disease prevention. Effective teaching strategies and procedural models for designing effective nutrition education programs targeting the general public will be presented.

**N&D 591.** Seminar in Nutrition. 1 credit (repeatable up to 4 credits). Discussion of current research and evidence-based practice in nutrition. Practice of oral presentation of scientific data in a professional setting.

**N&D 594.** Research Methods in Nutrition. 3 credits. Pre-requisite: graduate statistics course. The course examines the scientific foundation of nutrition research and critiques nutrition research. Students develop a research proposal.

### 1) Master of Science in Nutrition with Nutrition Education and Counseling specialization

Students are required to attend a one-week campus visit during the program. Students may not begin practical experience until they have satisfied the following requirements: 1) completion of on-campus visit; 2) completion of required core coursework (20 graduate credits including N&D 560); and 3) successful completion of background check if applicable to practicum experience site. Each student shall determine her/his own part-time pace through this program, depending on individualized educational and professional goals. A possible course sequence schedule for completing the MS in Nutrition degree with Nutrition Education and Counseling specialization is as follows:

#### MS in Nutrition: Education and Counseling Courses:

<table>
<thead>
<tr>
<th>First Semester (Fall Schedule)</th>
<th>Second Semester (Spring Schedule)</th>
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<tbody>
<tr>
<td>N&amp;D 541 (3)</td>
<td>N&amp;D 542 (3)</td>
</tr>
<tr>
<td>N&amp;D Elective (3)</td>
<td>Graduate statistics course (3)</td>
</tr>
<tr>
<td><strong>Total Credit Hours = 6</strong></td>
<td><strong>Total Credit Hours = 6</strong></td>
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<tr>
<th>Third Semester (Summer Schedule)</th>
<th>Fourth Semester (Fall Schedule)</th>
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</thead>
<tbody>
<tr>
<td>NURS 582 (2)</td>
<td>N&amp;D 550 (3)</td>
</tr>
<tr>
<td>*Elective</td>
<td>N&amp;D 590 (1)</td>
</tr>
<tr>
<td><strong>Total Credit Hours = 2+</strong></td>
<td>*Elective (2-3)</td>
</tr>
<tr>
<td></td>
<td><strong>Total Credit Hours = 6+</strong></td>
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<table>
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<tr>
<th>Fifth Semester (Spring Schedule)</th>
<th>Sixth Semester (Summer Schedule)</th>
</tr>
</thead>
<tbody>
<tr>
<td>N&amp;D 560 (3)</td>
<td>N&amp;D 596 (2)</td>
</tr>
<tr>
<td>N&amp;D 594 (3)</td>
<td>N&amp;D 591 (1)</td>
</tr>
<tr>
<td>Elective</td>
<td>N&amp;D 997/998 (2-4)</td>
</tr>
<tr>
<td><strong>Total Credit Hours = 6+</strong></td>
<td><strong>Total Credit Hours = 5-7</strong></td>
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</table>

*Electives can come from any department that has relevant coursework (5-7 credits of electives are needed depending on credits for N&D 997/998 and the graduate statistics course). Elective courses must be approved by the student’s academic advisor and be included on the student’s Program of Study before the course is taken or under special circumstances with program director approval.
a) Nutrition Education and Counseling Specialization Core Descriptions

N&D 560. Nutrition Counseling. 3 credits. Pre-requisite: Admission to the MS in Nutrition program. Theoretical methods and applied skills in counseling will be explored. The relationship between specific theories and their application to case studies will ensure students adapt counseling to meet individual needs based on diverse backgrounds and across age groups.

NURS 582. Health Policy. 2 credits. Pre-requisite: Admission to the DNP program or consent of instructor. This course will prepare the health care professional to understand and apply knowledge of health policy in order to function as an advocate for populations and individuals.

N&D 596. Nutrition Education and Counseling Practicum. 2 credits. Admission to the MS in Nutrition program, N&D 560, 20 graduate credits, declared specialization of Nutrition Education and Counseling. A block of supervised practice experiences working with diverse populations in a nutrition clinic focusing on the development of advanced nutrition education and counseling skills. Students will develop both group and individualized client-centered counseling approaches. Practicum is taken near completion of graduate coursework.

N&D 997. Independent Study. 2 credits. Pre-requisite: consent of instructor. Designed to meet the needs of an individual student or a small group of graduate students. Course content will be based on the interests and needs of the student(s) in consultation with the faculty member’s area of specialization. N&D 997 requires students to complete an evaluation and critical synthesis of nutrition research as partial fulfillment of the requirements for the master’s degree at University of North Dakota.

N&D 998. Thesis. 4 credits. Pre-requisite: consent of instructor. A scholarly research project written under the mentorship of the student's advisor. Credit is given upon successful meeting of thesis requirements for the master's degree. Prerequisite: Consent of the instructor.

5-7 credits of elective coursework

2) MS in Nutrition: Nutrition Science specialization

Students are required to attend a one-week campus visit during the program. Each student shall determine her/his own part-time pace through this program, depending on individualized educational and professional goals. A possible course sequence schedule for completing the MS in Nutrition degree with Nutrition Science specialization is as follows:

First Semester (Fall Schedule)

N&D 541 (3)
N&D 554 (3)
Total Credit Hours = 6

Second Semester (Spring Schedule)

N&D 542 (3)
Graduate statistics course (3)
Total Credit Hours = 6

Third Semester (Summer Schedule)

N&D Elective (3)
*Elective (2-3)
Total Credit Hours = 3+

Fourth Semester (Fall Schedule)

N&D 550 (3)
N&D 590 (1)
NURS 510 (3)
Total Credit Hours = 7+
Fifth Semester (Spring Schedule)
N&D 594 (3)
NURS 511 (3)
Total Credit Hours = 6

Sixth Semester (Summer Schedule)
N&D 591 (1)
N&D 997/998 (2-4)
Elective (2-3)
Total Credit Hours = 5-8

*Electives can come from any department that has relevant coursework (5-7 credits of electives are needed depending on credits for N&D 997/998 and the graduate statistics course). Elective courses must be approved by the student’s academic advisor and be included on the student’s Program of Study before the course is taken or under special circumstances with program director approval.

a) Nutrition Science Specialization Core Descriptions

N&D 554. Nutrigenomics. 3 credits. Prerequisites: Undergraduate courses in biochemistry or advanced nutrition and human physiology. This course explores the interactions between nutritional factors, genomics, and health. The course also explores the potential roles of the nutrition professional in developing personalize dietary prescriptions to optimize health, reduce disease risk, or improve management of chronic disease.

NURS 510. Advanced Physiology/Pathophysiology I. 3 credits. Prerequisite: Admissions to graduate study. Normal physiologic functions associated with cellular structure and environment. Physiologic and pathophysiologic functions of the human body and its organ systems, both separately and integrated in whole activities.

NURS 511. Advanced Physiology/Pathophysiology I. 3 credits. Prerequisite: NURS 510 or consent of instructor. Physiologic and pathophysiologic functions of the human body and its organ systems, both separately and integrated in whole activities.

N&D 997. Independent Study. 2 credits. Pre-requisite: consent of instructor. Designed to meet the needs of an individual student or a small group of graduate students. Course content will be based on the interests and needs of the student(s) in consultation with the faculty member’s area of specialization. N&D 997 requires students to complete an evaluation and critical synthesis of nutrition research as partial fulfillment of the requirements for the master’s degree at University of North Dakota.

N&D 998. Thesis. 4 credits. Pre-requisite: consent of instructor. A scholarly research project written under the mentorship of the student's advisor. Credit is given upon successful meeting of thesis requirements for the master's degree. Prerequisite: Consent of the instructor.

4-6 credits of elective coursework
MS Program Transfer Policy
A limited amount of graduate work completed at a regionally accredited North American institution prior to, or after matriculation in the School of Graduate Studies at UND, may be applied toward a graduate degree at the University of North Dakota. Graduate work is considered for transfer only on an individual basis and only after the student has completed satisfactory work in residence at UND. Those transfer credits approved by the student’s advisory committee and the Dean of the School of Graduate Studies are included in the program of study for the UND graduate degree and only those transfer credits will be recorded on the UND transcript. Students requesting to transfer credits from an international institution will be required to provide a WES credential evaluation.

The basic purpose of the transfer policies is to ensure that transferred work is of comparable content, level, timeliness, and quality to that which would be taken at UND and included on the program of study for the degree. The following policies are generally applicable to the acceptance of the graduate work for transfer to UND:

- The work must have been taken at an accredited North American institution.
- The student must have been enrolled as a Graduate Student.
- The work must have received graduate credit at the institution where it was earned.
- The student must have earned a grade of B or better.
- The work must be less than seven years old at the time the UND degree is awarded with the exception of work that was part of a completed prerequisite degree.
- The amount of transfer credit that will be accepted toward the master’s degree is one-fourth (usually eight semester credits) of the credit hours required for the degree.
- The work credited toward a completed master’s degree may be accepted for a specialist’s diploma or doctoral degree.
- Work beyond the master’s degree must be post-master’s level and from an institution that offers post-master’s degrees in the discipline.
- Work beyond the master’s degree from an institution offering only master’s level work in the discipline may be applied to the minor or cognate areas.

For Master's degrees requiring up to 36 credits, up to nine credits of transfer credit will be accepted toward the degree. For Master's degree requiring over 36 credits, one-fourth of the credit hours for the degree may be transferred.

For the Ph.D., only 30 credits may be transferred beyond the credits allowed for the master’s degree, i.e., a total of 60 credits, if the other institution offers Ph.D. level courses in the same discipline.

For the Specialist Diploma, only 15 credit hours will be transferred beyond the credits allowed for the master’s degree, i.e., a total of 45 credit hours.

For the D.N.P., if no pre-requisite master's degree has been earned, the amount of transfer credits that will be accepted toward the doctoral degree is a maximum of 21 credits.

Courses transferred from another university to a certificate program must meet the conditions of the transfer policy as stated in the “Transfer of Graduate Credits” in the UND Graduate Catalog.
Social Media Policy

POLICY STATEMENT
This policy describes expected student behaviors when using social media sites.

REASON for POLICY
The College of Nursing and Professional Disciplines (CNPD) faculty recognize the role social media plays in today’s society. As professionals in our respective disciplines (Nursing, Social Work, and Nutrition) that are in training, CNPD students are held to a high standard when it comes to the presentation of themselves in the community and on social media sites. As students enter their professional careers, it is important that they carefully consider what they are posting on social media sites, who they are asking to network with them, and how they respond to others on social media sites. Information placed on social media sites must not violate the University’s Code of Student Life, the Health Insurance Portability and Accountability Act (HIPAA), or the Family Educational Rights and Privacy Act (FERPA).

SCOPE of POLICY
All Undergraduate and Graduate Students in the College of Nursing and Professional Disciplines (Departments of Nursing, Nutrition and Dietetics, and Social Work)

RESPONSIBILITIES

<table>
<thead>
<tr>
<th>Student</th>
<th>Responsible to monitor their professional behavior on social media sites and report violations of HIPAA or FERPA to the appropriate authority.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Department</td>
<td>Provide a copy of the Social Media Policy to all students</td>
</tr>
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</table>
| Administration | 1) Violations of the Social Media Policy should be reported utilizing the following chain of command: Department Chair → CNPD Associate Dean → CNPD Dean → UND Assistant Dean of Students, Director of Student Rights & Responsibilities  
2) Investigate reports of violations of this policy and determine discipline as appropriate (CNPD Procedure 200a). |

PRINCIPLES
OVERVIEW – This policy establishes professional behavior regarding student use of social media sites.

Students should not have the expectation that social network sites are private. Students should assume that what they post on a social media site is permanent. Archival systems may save information even if someone deletes a post, and search engines can retrieve posts years after the publication date. When using social networks, the lines between public and private, personal, and professional are indistinct. Mixing social, academic and professional networking may create problems. Because comments can be forwarded or copied, a person authorized to post on a student’s social media page can pass it on to others. Friends may post something to a student’s site regarding their social life, which may prove to be embarrassing to the student’s academic or professional life. Posting media that portrays students or their peers participating in what could be perceived as unprofessional behavior such as inappropriate sexualized behaviors, drinking, drug use and illegal activity is not advised. Students are encouraged to check their privacy settings on social media sites to limit who can and cannot read and post to their sites. Students should also consider conducting an Internet search of their name to discover what is in cyberspace that others
can see about them. If students have any social media posts that are questionable, they should remove them from their site immediately.

Employers, faculty, clinical preceptors, field educators, patients, and clients may access information on student’s social media sites that may negatively influence them regarding the student’s professionalism. Many potential employers go to these sites to see what students have posted and often determine if they are interested in having that student as an employee. Students have been reprimanded by clinical rotation site supervisors for social networking practices such as becoming electronic “friends” with site co-workers, interns, volunteers, patients, or clients. To promote respectful discussion, students should be courteous and respectful. With due regard for lawfully protected speech and forms of expression, students should strive to avoid comments that are profane, obscene, defamatory, offensive, harassing, disruptive, sexually explicit, inappropriate, inflammatory or otherwise objectionable. Harassing speech that is severe, persistent, or pervasive, and is objectively offensive, is never permitted.

Students are required to use their official UND email address for all professional correspondence and academic issues related to their role as a professional UND student. Student must recognize that they are a representative of their professional program and are expected to act professionally in all correspondence. Students are reminded that North Dakota has an open records law, which means that all UND e-mail is potentially subject to open records. As such, students may want to consider setting up a private email account with a different provider than the UND for personal correspondence.

ACADEMIC INTEGRITY AND PROFESSIONALISM:
Discussing or posting information regarding content of examinations, tests, quizzes, or assignments could be considered a violation of a department’s policy on Academic Integrity. It is the student’s responsibility to read their student handbook regarding academic integrity and professionalism as defined by their department. The use of social media or personal devices to threaten, intimidate, ridicule, humiliate, insult, or harass someone may constitute cyber-bullying. Students experiencing this type of behavior as well as those who witness it are required to report utilizing the following chain of command: Department Chair → CNPD Associate Dean → CNPD Dean → UND Assistant Dean of Students, Director of Student Rights & Responsibilities.

CNPD students have a responsibility to help maintain public trust and confidence in their professions. Students should refrain from posts that use institutional intellectual property, copyrights, trademarks or logos without explicit written permission. Such care should also extend to the unauthorized dissemination of copyrighted material, such as lecture notes and recordings. Students should not represent themselves as official representatives of the University or clinical facility in public forums. Consent obtained for educational purposes does not extend to consent for public dissemination. Even when appropriate consent is obtained for public posting and the media-containing posts are sufficiently anonymized, public perception remains an important consideration. An individual viewing a sensitive picture posted online by a CNPD student might not assume consent has been obtained and may therefore come to think less of the student, their profession and the institution. The separation between personal and professional online profiles should be made explicit. Faculty and Administrators reserve the right to monitor student’s publicly viewable social media sites.

CLINICAL EXPERIENCES AND FIELD PLACEMENTS:
Students participating in practice experiences (clinical experiences, field placements, or supervised practice) must consult with the hospital/clinic or agency policies or an appropriate leader within the organization for guidance regarding work related social media postings. Clinical and field
experiences are also frequently governed by a legally binding agreement between the host facility and the University. Unless authorized, students are not allowed to post or speak on behalf of the clinic, hospital, or agency. Students must be aware of and comply with clinical affiliation policies regarding use of computers, cameras, and other electronic devices and the use of personal devices at the clinical site. Students are advised not to ask their faculty, preceptors, instructors, or field supervisors to “friend” and/or “follow” them via social media during their time in the educational program. This puts the student, their faculty, and their supervisors in an awkward situation by sharing personal information. If students and supervisors mutually decide to do this after the student graduates, that is their personal choice. Students are strongly advised to refrain from posting remarks about faculty or clinical site employees and from making comments that are or may be perceived to be profane, obscene, defamatory, offensive, harassing, disruptive, sexually explicit, inappropriate, inflammatory or otherwise objectionable. Harassing speech that is severe, persistent, or pervasive, and is objectively offensive, is never permitted.

HIPAA & FERPA
Students violating HIPAA, FERPA, or other university/hospital/clinic/agency policies may be subject to disciplinary action including dismissal from their professional program, criminal and/or civil charges and fines. Students must not present themselves as licensed practitioners, and are advised to refrain from offering medical advice in any non-educational setting, including on social media.

CNPD students must recognize that they have an ethical and legal obligation to maintain patient privacy and confidentiality at all times. Releasing confidential health information is unethical, unlawful, and could result in irreparable harm and suffering to the patient as well as fines or imprisonment for the healthcare practitioner. CNPD students must not identify patients by name or post or publish information that may lead to the identification of a patient. Students must not refer to patients in a disparaging manner, even if the patient is not identified.

CNPD students are strictly prohibited from transmitting by way of any electronic media any patient related information or images that may be reasonably anticipated to violate a patient’s rights to confidentiality or privacy. This includes references to family, employment, relatives, conditions, locations of treatment or any circumstances surrounding the patient’s situation. Posting information about, or images of, a research subject is strictly prohibited.

CNPD students must follow CNPD clinical affiliation and UND policies for taking photographs or video of patients for treatment or other legitimate purposes using employer-provided devices. CNPD students must not share, post, or otherwise disseminate any information, including images, about a patient or information gained in the student-patient relationship with anyone unless there is a patient care related need to disclose the information or other legal obligation to do so unless appropriate permissions are obtained. Online social contact with patients is discouraged, and students must use caution when having online social contact with former patients. The fact that a patient may initiate contact with the student does not permit the student to engage in a personal relationship with the patient. It is unprofessional and inadvisable to form or accept a social media connection with patients or individuals with whom there is an active therapeutic, supervisory or evaluative relationship.

PROCEDURES

DISCIPLINARY ACTION:
Violation of the social media policy may result in disciplinary action by the student’s department, the CNPD, UND, the field agency, and/or the clinical facility. Suspected violations should be
reported within 5 business days as outlined in the Student Social Media Policy Suspected Violation Procedure (200a).
PART V: ADVISEMENT GUIDELINES AND FORMS

Advising

One of the first and most important steps you need to take as a graduate student is to select your advisor. In selecting an advisor, consider faculty members’ areas of research interest and expertise, as well as how you think your personal styles will mesh. Please be aware that you may not get your first choice as an advisor, as faculty must plan their advisement loads. In other words, it is in your best interest to plan ahead and secure an advisor by the middle of your second semester as a graduate student.

Your advisor must be a member of the graduate faculty. To formalize your advisor appointment, complete the form “New Committee or Change to Adviser or Committee” (form may be accessed on the School of Graduate Studies website [https://und.edu/graduate-school/current-students/index.html]). Please have the faculty member sign; this form must also be signed by the Program Director of the MS. Then forward this form to the School of Graduate Studies. The Dean of the School of Graduate Studies has the final authority for approving your advisor appointment. If you do not select an advisor by the published deadline, the Program Director of the MS will select one for you.

If you are planning to complete a thesis (N&D 998, 4 credits) please refer to the checklist for a detailed outline for thesis requirements and note you will need a three-person committee. The Chair of your thesis committee will serve as your advisor. If you complete an Independent Study (N&D 997, 2 credits), you will work with one faculty member who is your advisor for your research project. It is wise to put a good deal of thought into your decision, as you will be working closely with your advisor for as long as it takes you to finish your degree. Advisors are also available to provide professional guidance, including assisting you with career planning or professional references.

You may want to consider the following when choosing your advisor:

- It is generally helpful to choose an advisor who has similar academic interests.
- If you are not sure whether or not your prospective advisor has expertise in your specific topic of interest – ask. You may also want to ask for a list of her/his recent and past publications. Reading your potential advisor’s own work is the best way to determine his/her academic interests. If your interests do not match, s/he will likely suggest someone else with whom you should work. It is important that you find out how much time the professor has for each of her/his students. A professor who is spread too thin may be a source of frustration for you.
- Is your advisor available to you during the summer months (May 15-August 15)?
- Are we a good fit in terms of style and temperament?

It is the responsibility of the student to become informed and to observe all regulations, procedures and deadlines required by the University, the 2018-2019 University of North Dakota Academic Catalog, and the program the student is pursuing. Faculty are available for advisement, but the student must initiate all steps of the processing of documents by the published deadline.

Deadlines are published in the schedule of classes and in the University of North Dakota Undergraduate and Graduate Academic Catalog. Please be aware that ignorance of a rule does not constitute a basis for waiving that rule. The student is responsible for ascertaining his or her
academic standing and grade-point average. All graduate students must maintain a 3.00 GPA. While the School of Graduate Studies attempts to notify students regarding any problems in the student’s progress toward a degree, the student alone is responsible for maintaining satisfactory academic standing and progress.

All of the forms discussed on the following checklist are available on the School of Graduate Studies website (https://und.edu/graduate-school/current-students/index.html). Your advisor will assist you if you have any questions about these forms or the published deadlines.
Forms Checklist

All forms can be downloaded from the School of Graduate Studies website at: https://und.edu/graduate-school/current-students/index.html

Choose an Advisor
(Second or Third Semester)

Select the Members of Your Faculty Advisory Committee (thesis students only)
(Second or Third Semester)

Submit Your Program of Study
(Second or Third Semester)

Submit a Topic Proposal of Your Research
(As early as possible, but no later than the semester prior to your final semester)

Advance to Candidacy
(No later than the semester before you plan to graduate)

Apply to Graduate
(You must submit this by the published deadline for the term in which you plan to graduate)

Preliminary Approval of Your Thesis (thesis students only)
(You must submit this by the published deadline for the term in which you plan to graduate)

Notice of Defense of Your Thesis (thesis students only)
(One week prior for master’s students)

Final Defense of Your Thesis (thesis students only)
(At least two or three weeks before commencement)

Submit a Copy of Your Thesis to the School of Graduate Studies to be checked for Format and Style (thesis students only)
(Once your copy is approved by your committee)

Submit a Final Copy of Your Thesis to the School of Graduate Studies (thesis students only)
(You must submit this by the published deadline for the term in which you plan to graduate)

Submit the Final Copy of Your Independent Study, Scholarly Project or Design Project to Your Advisor (independent study students only)
(At least two to three weeks before commencement)

Submit the form “Final Report on Candidate” to the School of Graduate Studies (Your advisor must submit this by the published deadline for the term in which you plan to graduate)

Students are strongly encouraged to attend the formal commencement ceremony!
PART VI: FINANCIAL AID AND SCHOLARSHIPS, PROFESSIONAL ORGANIZATIONS, COMMITTEE REPRESENTATION, AND OTHER STUDENT RESOURCES

Financial Aid/Scholarships

The University of North Dakota has several sources of financial aid available for qualified students including scholarships, loans, grants, and employment opportunities. For further information regarding financial assistance, contact the Student Financial Aid Office (https://und.edu/one-stop/financial-aid/) or the School of Graduate Studies (https://und.edu/graduate-school/).

Scholarships are available for students with declared majors within the Department of Nutrition and Dietetics. UND has an online scholarship database system called Scholarship Central. To complete your online application, please visit: https://und.academicworks.com/. The following source of educational support are available to MS students:

Professional Organizations

Students are encouraged to be members of professional organizations. Potential organizations of interest are listed below. The list is not extensive and many other potential organizations should be considered based on student interest and professional goals.

American Society for Nutrition
http://www.nutrition.org/

The American Society for Nutrition (ASN) is a non-profit organization dedicated to bringing together the world's top researchers, clinical nutritionists and industry to advance our knowledge and application of nutrition for the sake of humans and animals. Our focus ranges from the most critical details of research and application to the broadest applications in society, in the U.S. and around the world.
**Academy of Nutrition and Dietetics (NDAND, Grand Forks District of NDAND, NW District of MAND, etc.)**  
[www.eatright.org](http://www.eatright.org)

The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public's health and nutrition during World War I. Today, the Academy has over 75,000 members — registered dietitian nutritionists, dietetic technicians, registered, and other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students — and is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy.

**Society for Nutrition Education and Behavior**  
[www.sneb.org](http://www.sneb.org)

The Society for Nutrition Education and Behavior (SNEB) represents the unique professional interests of nutrition educators in the United States and worldwide. SNEB is dedicated to promoting effective nutrition education and healthy behavior through research, policy and practice and has a vision of healthy communities, food systems and behaviors.

**North Dakota Nutrition Council**  
[https://www.ag.ndsu.edu/ndnc](https://www.ag.ndsu.edu/ndnc)

The purpose of the Council is to improve the nutritional health of North Dakotans through the promotion of accurate and current nutrition information, and to support nutrition professionals in their roles as educators and health advocates.

**Student Representation on the Department of Nutrition and Dietetics Advisory Committee**

The purpose of the Committee is to function in an advisory capacity to the Department of Nutrition and Dietetics to enhance the development of its academic majors by:

1. Supplying regular and systematic input from an interested, organized and knowledgeable group.
2. Providing a sounding board for ideas, plans and operating procedures.
3. Facilitating communication between the community and the Department.
**Educational and Social Resources**

A. Division of Student Affairs (http://www1.und.edu/student-affairs/)
   307 Twamley Hall (701-777-2724)
   
   Division of Student Affairs (http://und.edu/student-affairs)
   Twamley Hall, Room 307 (701-777-2724)
   • Admissions (https://und.edu/admissions/)
   • Dakota Student (https://dakotastudent.com/)
   • Memorial Union (http://www1.und.edu/student-life/union/)
   • Residence Services (http://www1.und.edu/student-life/housing/residence-halls/)
   • Student Financial Aid (https://und.edu/one-stop/financial-aid/)
   • Student Health Services (http://www1.und.edu/health-wellness/student-health/)
   • Student Success Center (http://und.edu/student-affairs/student-services)
   • University Counseling Center (http://www1.und.edu/health-wellness/counseling-center/)
   • Trio Programs (http://www1.und.edu/student-life/trio/)
   • Veteran and Military Services (https://und.edu/military/)
   • Wellness Center (http://www1.und.edu/health-wellness/wellness/index.cfm)
   • Writing Center (http://www1.und.edu/academics/writing-center/index.cfm)
   • Services and Centers (http://www1.und.edu/provost/diversity/centers-services.cfm)

B. Career Services (http://und.edu/student-life/careers)
   McCannel Hall, Room 280 (701-777-3904)
   • Career Exploration
   • Career Fairs
   • Cover Letter/Resume Writing
   • Job Search Techniques
   • Interviewing/Networking
   • Internships/Co-op Education

C. Disability Services for Students (http://und.edu/dept/dss)
   McCannel Hall, Room 190 (701-777-3425 Voice or TDD)
   • Access
   • Accommodations
   • Career Development
   • Financing your Education
   • Legal Aspects of Disability
   • Tutoring

D. Student Involvement and Engagement (https://involvement.und.edu/engage/organizations)

**Links of Importance**

Department of Nutrition and Dietetics
http://nursing.und.edu/departments/nutrition-dietetics/

University of North Dakota School of Graduate Studies
http://graduateschool.und.edu/

University of North Dakota Code of Student Life
http://und.edu/student-affairs/code-of-student-life

University of North Dakota Academic Catalog
http://und-public.courseleaf.com/

University of North Dakota Office of the Registrar
https://und.edu/academics/registrar/

University of North Dakota Student Account Services
https://und.edu/one-stop/index.html

University of North Dakota Student Financial Aid
https://und.edu/one-stop/financial-aid/
**Graduate Faculty**

**Amir Alakaam, PhD, MS, LN, MBChB**

Assistant Professor  
NPCBR, Suite 340  
400 Oxford Street  
Grand Forks, ND 58202-8237  
Tel: 701-777-3753  
Email: amir.alakaam@und.edu

Dr. Alakaam joined the Department of Nutrition & Dietetics at University of North Dakota as an Assistant Professor in 2016. He holds a Ph.D. in Nutrition and Food Systems from the University of Southern Mississippi, an M.S. in Nutrition and Dietetics from Marywood University, and an M.B.Ch.B in Medicine and General Surgery from the University of Baghdad. He is also a Fulbright Scholar (2010). Dr. Alakaam has over five years of clinical experience as a physician in family medicine and general surgery, and seven years of teaching and research experience in the area of nutrition and public health at university level. Prior to coming to UND, he was a postdoctoral researcher in the University of Southern Mississippi. His research interests focus on using the concepts of the Socio-Ecological Model to address health and nutrition needs of marginal populations. Dr. Alakaam is also interested in the research related to breastfeeding’s policies and practices in the U.S. hospitals, and eating habits of international students and immigrants in the U.S. His publication appeared in several journals such as Journal of Human Lactation, Journal of International Students, and AIMS Public Health, he also authored a chapter related to international students’ food practices in colleges and universities, in the book “Campus support services, programs, and policies for international students” published by IGI Global.

**Anne Bodensteiner, PhD, MS, RDN, LRD**

Instructor  
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Grand Forks, ND 58202-8237  
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Email: amir.alakaam@und.edu

Dr. Bodensteiner is a part-time instructor for the Nutrition and Dietetics department teaching both undergraduate courses and graduate classes. She is employed full time in Seattle, WA as a health coach at Arivale. Arivale combines clinical lab biomarkers, genetic information, microbiome samples, and cortisol results to help people develop their personal wellness goals. Prior to joining Arivale, she developed health-focused college programs, education, and events and worked one-on-one with college students to help them achieve academic success through healthy choices. Anne has a bachelor’s degree in dietetics from the University of North Dakota, a master’s in nutrition science from North Dakota State University, and a PhD in teaching and learning from the University of North Dakota. In her free time she enjoys running, traveling, reading, cooking, and spending time with her family.

**Sondra Gudmundson, MS, RD, LD**

Instructor  
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400 Oxford Street  
Grand Forks, ND 58202-8237  
Tel: 701-777-3751  
Email: sondra.gudmundson@und.edu
Sondra is an alumna of the Department of Nutrition and Dietetics (N&D) and joined N&D faculty in 2017. She holds a BS in Home Economics and a MS in Counseling Psychology. She’s a Registered Dietitian and certified Intuitive Eating Counselor. Her professional philosophy with clients is to help improve their relationship to food, body, and mind. She uses positive psychology approach taking a strengths-based view of seeing more right than wrong in any situation. In her free time, Sondra loves to pause to play and can oftentimes be found immersed in nature at a lake’s edge taking in the beauty of a sunrise or savoring the day’s end with a sunset, forest bathing with a walk in the woods, bike riding, journaling, and writing gratitude notes to her family, friends, and colleagues. Sondra lives in Bemidji, MN with her husband of 26 years, and school age daughter who loves to playground hop. Their son is in his second year of college this year.

**Desiree Tande, PhD, MS, RDN, LRD**
Associate Professor  
Program Director, Master's of Science in Nutrition  
NPCBR, Suite 340  
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Grand Forks, ND 58202-8237  
Tel: 701-777-3751  
Email: desiree.tande@und.edu

Dr. Tande received her Ph.D. from North Dakota State University, M.S. from the University of Delaware and B.S. from the University of Minnesota-Twin Cities. She is currently an Assistant Professor at the University of North Dakota and a Breastfeeding Consultant for the Department of Health. Previously, she worked with the NDSU Extension Service and WIC in Elton, Maryland. She was raised on a farm south of Palermo, N.D., where she learned to appreciate hard work, the importance of food production, and began to consider the role of food in health. Her research interests have focused on nutrition during childhood and prevention of chronic disease. She has four children: Lucas, 16 years; Joel, 15 years; Gabriel, 12 years; and Adrianna, 10 years. She lives with her husband, Brian, and children in Grand Forks, N.D.

**Doris Wang, MPH, LRD**
Clinical Assistant Professor  
Program Director, Coordinated Program in Dietetics  
NPCBR, Suite 340  
400 Oxford Street  
Tel: 701-777-0849  
Email: doris.wang@und.edu

Professor Wang received her M.P.H. degree in Nutrition from the University of Minnesota and her B.S. in Dietetics from North Dakota State University. She completed her dietetic internship at St. Louis University. Previous work experience includes a variety of clinical, consulting and food service management positions in health care facilities, a health facilities reviewer for the Survey and Compliance section of the Minnesota Department of Health, and an instructor in the Dietetic Technician Program at the University of Minnesota Crookston. She has served as a site visitor for the Accreditation Council for Education in Nutrition and Dietetics (ACEND) since 2008. She also serves on the Advisory Board for the Nutrition and Food Professional Certificate Program at UND and the Dietetic Technician Program Advisory Board at Northland Community and Technical College in East Grand Forks, MN. She and her husband live in East Grand Forks.
Support Staff
Mary Anna Carls, BA
Administrative Assistant
NPCBR, Suite 340
400 Oxford St.
Grand Forks, ND 58202-8237
Tel: 701-777-2539
Email: mary.carls@und.edu

Mary Anna joined the Department of Nutrition and Dietetics in 2012. She received her BA in Sociology degree from the University of North Dakota in 2004. She understands the UND culture and embodies the mission by providing each and every student with a safe, supportive, and caring environment within which to learn, explore, and reach their personal and professional goals. She lives with her husband, Andrew, and three children in Grand Forks, ND.
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Introduction

This document clarifies standards for MS in Nutrition students enrolled at the Department of Nutrition and Dietetics at the University of North Dakota, beginning fall, 2015. This document has been adapted from material secured from the UND Coordinated Program in Dietetics Student Handbook and UND Department of Social Work.

Because of the nature of professional nutrition and dietetics practice, the Department of Nutrition and Dietetics has different expectations of students than do non-professional programs. The standards described in this document are related to academic and ethical issues and are linked to students’ abilities to become effective nutrition professionals. These standards are provided so that students and faculty can be clear about expectations and procedures to address academic performance concerns. The ultimate goal is to help students have a successful experience in the Department of Nutrition and Dietetics.

Since becoming a professional is a gradual process, not all criteria are expected to be met at all times. Persons who teach and supervise students, along with program administrators, will assess student academic performance and apply their professional judgment to determine if standards are being met during a student’s educational career. For example, prior to entering the practical experience education phase of the program, faculty input is solicited in order to determine each student’s readiness for the field or practicum (N&D 596). Professional judgment is the capacity to assess a situation by applying the values and knowledge of the nutrition profession, combined with a professional’s own experience and practice wisdom. It also represents the application of nutrition knowledge, values, and skills to resolve problems.

All graduate nutrition students will be expected to read these standards in the MS in Nutrition Student Handbook, the Graduate Student Handbook: Master’s Degree (https://und.edu/graduate-school/_files/docs/-handbooks/sgs_guide-to-graduation.pdf) and the Code of Student Life (http://und.edu/student-affairs/code-of-student-life/). Students will then be asked to sign an acknowledgment that they have read, are aware of the contents of, and will abide by the documents. The form will be kept in students’ academic files.

Student Rights and Responsibilities


While UND faculty and staff members give students’ academic advice and assistance, each student is expected to take responsibility for his or her education and personal development. The student must know and abide by the academic and disciplinary policies given in this handbook, the UND Academic Catalog, and the School of Graduate Studies Graduate Student Handbook: Master’s Degree, including rules governing quantity of work, the standard of work required to continue in UND, warning status and scholastic dismissal, and enforced withdrawal. First the student must know and meet the requirements of his or her degree program; must enroll in courses appropriate to the program; must meet prerequisites and take courses in the proper sequence to ensure
orderly and timely progress; and must seek advice about degree requirements and other
UND policies when necessary.

Student are expected to provide a correct local and permanent address and telephone
numbers to both the Office of the Registrar and the Department of Nutrition and
Dietetics. Both offices must be notified immediately of any changes in address or
telephone number. Official correspondence is sent to the address last given to the
registrar; if the student has moved and failed to correct this address, he or she will not be
relieved of responsibility on the grounds that the correspondence was not delivered.

The student must verify his or her schedule of classes each semester, must see that
necessary corrections are made, and must keep documentation of all schedule changes
and other transactions.

Equal Opportunity Policy (Educational Program and Activities)

It is the policy of the University of North Dakota that there shall be no discrimination
against persons because of race, religion, age, creed, color, sex, disability, sexual
orientation, gender identity, national origin, marital status, veteran's status, or political
belief or affiliation, and that equal opportunity and access to facilities shall be available
to all. This policy is particularly applicable in the admission of students in all colleges
and in their academic pursuits. It is also applicable in University owned or University
approved housing, food services, extracurricular activities, and all other student services.
It is the guiding policy in the employment of students either by the University or by
outsiders through the University and in the employment of faculty and staff.

Sexual Harassment Policy

In support of UND’s Equal Employment Opportunity/Affirmative Action program, it is
the policy of the University of North Dakota to maintain a work place free of sexual
harassment and intimidation. Sexual harassment has been defined by the Equal
Employment Opportunity Commission as follows:

Harassment on the basis of sex is a violation of Sec. 703 of Title VII. Unwelcome sexual
advances, requests for sexual favors, and other verbal or physical conduct of a sexual
nature constitute sexual harassment when (1) submission to such conduct is made either
explicitly or implicitly a term or condition of an individual's employment, (2) submission
to or rejection of such conduct by an individual is used as the basis for employment
decisions affecting such individual, or (3) such conduct has the purpose or effect of
unreasonably interfering with an individual's work performance or creating an
intimidating, hostile, or offensive working environment.

Such conduct on the part of supervisors or co-workers is expressly prohibited and the
offenders are subject to disciplinary action. The University's Equal Employment
Opportunity Office is empowered to investigate complaints based on sexual harassment.
If employees believe that they are experiencing this type of conduct, they should immediately report any such incidents to the Office of Human Resources.

**Disability Access Statement**
If you have emergency medical information to share, need special arrangements in case the building must be evacuated, or you need disability accommodations in this course, please make an appointment with the course instructor or program director. If you plan to request disability accommodations, you are expected to register with Disability Services for Students, 190 McCannel Hall, 701-777-3425. Further information may be found at: [http://und.edu/disability-services/](http://und.edu/disability-services/).

**Non-Discrimination Statement**
As part of its commitment to providing an educational environment free from discrimination, UND complies with Title IX of the Education Amendments, which prohibits discrimination and harassment based upon sex in an institution’s education programs and activities. Title IX prohibits sexual harassment, including sexual violence, of students at UND-sponsored activities and programs whether occurring on-campus or off-campus. Title IX also protects third-parties, such as visiting student athletes, from sexual harassment or violence in UND’s programs and activities and protects employees from sexual harassment and discrimination. Prohibited harassment includes acts of verbal, nonverbal or physical aggression, intimidation or hostility based on sex, even if those acts do not involve conduct of a sexual nature; sex-based harassment by those of the same sex; and discriminatory sex stereotyping. UND will take prompt action to investigate and resolve reports of sexual harassment or sexual violence in accordance with Title IX. UND’s Title IX coordinator is Donna Smith, Director of Equal Employment Opportunity/Affirmative Action, 401 Twamley Hall, 264 Centennial Drive Stop 7097, Grand Forks, ND 58202-7097, 701-777-4171, donna.smith@und.edu. Retaliation against any person who initiates an inquiry or complaint or participates in the investigation of a complaint is prohibited. Such conduct will be further cause for disciplinary action.
Advising Resources – Links and Progress Report

Graduate Student Handbook

MS in Nutrition Student Handbook

Department of Nutrition and Dietetics
http://nursing.und.edu/nutrition-dietetics

University of North Dakota Code of Student Life
http://und.edu/student-affairs/code-of-student-life

American Society for Nutrition
www.nutrition.org

Academy of Nutrition and Dietetics
www.eatright.org

Society for Nutrition Education and Behavior
http://www.sneb.org
Master of Science in Nutrition

Advising - Progress Report

Name:
Date:
Advisor:
Program entry date:
Specialization:

*Semester: enter F, Sp, or Su and the year

<table>
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<tr>
<th>CORE COURSES</th>
<th>*Semester Recommended</th>
<th>*Semester Taken</th>
<th>Complete</th>
<th>Credits Completed</th>
<th>Letter Grade</th>
<th>Notes:</th>
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<td></td>
<td></td>
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<tr>
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<tr>
<td>N&amp;D 542 (3)</td>
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<tr>
<td>N&amp;D 594 (3)</td>
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<td></td>
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<th>SPECIALIZATION COURSES</th>
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<td>- 582 (2)</td>
<td></td>
<td></td>
<td>□ yes</td>
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<tr>
<td>N&amp;D 560 (3)</td>
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<tr>
<td>N&amp;D 596 (2)</td>
<td></td>
<td></td>
<td>□ yes</td>
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<tr>
<td>N&amp;D 997/998 (2-4)</td>
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Electives (5-7)

List courses below:

□ yes
□ no

Total Credits Completed:
Describe professional student activities demonstrating leadership and commitment to the profession or community:

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
<th>Activity</th>
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Students should aim for two professional activities demonstrating leadership in the profession each year while enrolled as a MS in Nutrition student. For example: professional presentations, professional trainings, research presentations, or serving as an officer/board member for a professional organization.

**Student goals and progress:**

1. 

2. 

**Advising notes:**
Basic Abilities Necessary to Acquire Professional Skills

Communication Skills
The student shows sufficient written and oral skills to demonstrate comprehension of information and communication of ideas and feelings.

1. **Written:** Writes clearly, uses correct grammar and spelling, and applies appropriate writing style, appropriate source citation, and documentation. Demonstrates sufficient skills in written English to understand content presented in the program and to complete adequately all written assignments, as specified by faculty.

2. **Oral:** Communicates effectively and sensitively with other students, faculty, staff, clients, and professionals. Expresses ideas and feelings clearly and demonstrates a willingness and an ability to listen to others. Demonstrates skills in spoken English to understand content presented in the program, to complete adequately all oral assignments, and to meet the objectives of practical experience education experience, as specified by faculty. The student must demonstrate communication competencies by such behaviors as using appropriate grammar, syntax, inflection, and vocabulary in spoken and written expression.

Interpersonal Skills
Demonstrates the interpersonal skills needed to relate effectively to other students, faculty, staff, clients, and professionals and to fulfill the ethical obligations of the profession. These include a sense of justice, compassion, empathy, altruism, integrity, and demonstration of respect for and consideration of others. Takes appropriate responsibility for his or her own actions and considers the impact of these actions on others.

Cognitive Skills
Exhibits sufficient knowledge of nutrition and clarity of thinking to process information and apply it to appropriate situations in classroom and field. Demonstrates grounding in relevant social, behavioral and biological science knowledge and research including knowledge and skills in relationship building, data gathering, assessment, intervention, and evaluation of practice. Exhibits ability to conceptualize and integrate knowledge and apply that knowledge to professional practice.

Physical Skills
Physical attributes include adequate physical stamina and energy to carry out the responsibilities of nutrition services over long hours and sensory abilities to support work in a professional setting with clients.

Professional Performance Skills Necessary for Work in Professional Practice

Professional Behavior
The student exhibits behaviors that are in compliance with program policies, institutional policies, professional ethical standards, and societal laws in classroom, field, and
community. Appearance, dress, and general demeanor reflect a professional manner. Shows potential for responsible and accountable behavior by knowing nutrition and nutrition services while exhibiting respect for others, being punctual and dependable, prioritizing responsibilities, attending class regularly, observing deadlines, completing assignments on time, keeping appointments or making appropriate arrangements, and accepting supervision and criticism in a positive manner.

The student works effectively with others, regardless of that individual’s level of authority. Advocates for himself/herself in an appropriate and responsible manner and uses proper channels for conflict resolution. Shows a willingness to receive and accept feedback and supervision in a positive manner, as well as use such feedback to enhance professional development.

Self-Awareness
Exhibits knowledge of how one’s values, attitudes, beliefs, emotions, and past experiences affect thinking, behavior, and relationships. Accurately assesses one’s own strengths, limitations, and suitability for professional practice. Shows awareness of self and how one is perceived by others. Reflects on one’s own limitations as they relate to professional capacities. Is willing to examine and change behavior when it interferes in working with clients and other professionals.

Ethical Obligations
Behavior and classroom performance demonstrate adherence to the ethical expectations and obligations of professional practice. Ethical behaviors include:

- Adherence to the Code of Student Life.
- No history of convictions of an offense determined by the Department to have a direct bearing upon that individual’s ability to practice nutrition, unless sufficiently rehabilitated as determined by the Department of Nutrition and Dietetics.
- Systematic evaluation of clients and their situations in an unbiased, factual way. Suspension of personal biases during interactions with others.
- Comprehension of another individual’s way of life and values. Empathic communication with and support of the client as a basis for a productive professional relationship.
- Appreciation for the value of diversity. Effective and nonjudgmental relation to and work with others who are different from oneself. Appropriate service to all persons in need of assistance, regardless of the person’s age, class, race, religious beliefs, gender, disability, sexual orientation, and/or value system. No imposition of personal, religious, sexual, and/or cultural values on clients.
- Demonstration of respect for the rights of others. Commitment to clients’ rights to freedom of choice and self-determination.
- Maintenance of confidentiality as it relates to human service, classroom activities, and practical experience.
• Demonstration of honesty and integrity by being truthful about background, experiences, and qualifications; doing one’s own work; giving credit for the ideas of others; and providing proper citation of source materials.
• Demonstration of clear, appropriate, and culturally sensitive boundaries. Does not sexually harass others; make verbal or physical threats; become involved in sexual relationships with clients, supervisors, or faculty; abuse others in physical, emotional, verbal, or sexual ways; or participate in dual relationships where conflicts of interest may exist.

Scholastic Performance
Academic criteria are described in the UND Academic Catalog. The web site where you can find this information are located at:
http://und-public.courseleaf.com/graduateacademicinformation/

Graduate Students – Academic Standards for Probation and Dismissal
Information related to academic performance standards and criteria for probation and dismissal are available through the School of Graduate Studies, available at:
http://und-public.courseleaf.com/graduateacademicinformation/academicpolicies/academicstandardsprobationanddismissal/

Departmental Procedures for Review of Academic Performance
The Department of Nutrition and Dietetics may utilize three levels of review to evaluate student’s academic performance. The level of review depends upon the severity of the concern. Information disclosed during student meetings with faculty, program administrators, or school administrators will not be kept confidential if the information raises concerns about professional performance. Faculty and/or program administrators will share pertinent information with each other for the professional purpose of identifying student issues and enhancing problem solving about the concerns on a need to know basis.

Sources of Information upon Which Academic Performance is Based
Information about students’ meeting academic performance criteria in the Department of Nutrition and Dietetics may include but is not limited to any of the following:

• Feedback or reference letters from faculty, work supervisors, or supervisors of volunteer activity or other field experiences.
• Feedback from practical experience preceptors.
• Observation of classroom, volunteer, or practical experience behaviors.
• Performance in oral and written assignments, examinations, skills labs, or other appropriate coursework.
• Student personal statements or self-assessments.
• Interviews with faculty or other professionals.
• Taped interview situations (audio or video).
• Feedback from students, staff, university (UND or other colleges and universities), helping professionals, or community about behaviors.
• Feedback from faculty in other education programs that the student may have attended.
• The Department of Nutrition and Dietetics will adhere to the guidelines of FERPA in regards to all students on a need to know basis.

Performance that May Result in a Review and/or Dismissal from the MS Program
Student reviews can occur under any of the following circumstances:
• Failure to meet or maintain academic requirements
• Scholastic dishonesty, including cheating, lying, plagiarism, collusion, falsifying academic records, or any act designed to give unfair academic advantage to the student.
• Behavior judged to be in violation of the Code of Student Life.
• Any threat or attempt to harm oneself or someone else.
• Commission of a criminal act that is contrary to professional practice, occurring during the course of study or occurring prior to admission to the Department of Nutrition and Dietetics and becoming known after admission.
• Consistent pattern of unprofessional behavior.

Three Levels of Review for Concern around Student Performance

Level 1
A Level 1 review involves a meeting between a faculty member and a student. When a faculty member has concerns about a student enrolled in the MS in Nutrition program meeting any of the academic criteria, whether related to professional behavior or scholastic performance, that faculty member will:
• Discuss concerns with the student and seek to work with the student to resolve the difficulties.
• Apprise the MS Program Director of the concerns in order to identify potential patterns and issues related to the student.
• Documentation of dates and content of meetings with the student will be placed in the student’s file.

If a problem arises in the field, the practical experience preceptor will discuss concerns directly with the student and with the faculty course instructor. It is the responsibility of the faculty member to apprise the Program Director of the student concerns.

Level 2
A Level 2 review involves the faculty member, student, and MS Program Director. Faculty and Program Director will meet with the student when the student is not meeting or following program or University standards, policies, and procedures or when concerns have not been resolved at Level 1. If a problem arises in field, the preceptor, faculty course instructor, and Program Director will conduct the review of the student. Input will be secured from the student in this information gathering process, the Program Director will determine the nature of the concern and gather sufficient information to develop a
plan to address that concern, if one is needed. No further action may be required, or the student may be asked, in writing, to modify his or her behavior and/or seek appropriate help. This process is designed to assist students in dealing with identified concerns that have an impact on their performance.

The MS Program Director will assess the nature of these concerns and maintain documentation. Following consultation with the Department Chair, if deemed necessary, a decision will be to conduct a more comprehensive review pursuant to Level 3.

Level 3
A Level 3 review involves the Faculty member, student, the MS Program Director, and faculty who have had direct experience with the student in classroom or practical experience. Generally, this level review is called when problematic patterns are identified with students or when the issues are serious enough to require formal consultation with other faculty and the student. A Level 3 review more often is conducted when concerns have not been resolved in prior reviews; when issues relate to a student not meeting the criteria for academic performance (often involving professional or ethical behaviors); or when the student is being considered for withdrawal or discontinuance in the program.

In most instances, a Level 3 review is sufficient to deal with student performance and is the last decision making step in the review process.

When a Level 3 review is called, the MS Program Director and representatives of the MS Graduate Faculty will convene a meeting with the appropriate faculty and the student to gather information, determine the nature of the problem (if one is confirmed to exist), and identify alternatives for its remediation. Appropriate faculty to be involved in a Level 3 review will include but are not limited to those who have direct knowledge of and experience with the student.

The student will be notified in writing of the concerns and meeting date, with sufficient time to prepare for and attend the meeting.

After the review meeting has occurred, the MS Program Director will consult with the Department Chair who may, in turn, consult with the Dean to discuss the problem situation and make recommendations regarding the student. Based on the review, conference with the Dean, and an objective assessment of the information provided, the MS Program Director will inform the student of the decisions, which can include one or more of the following actions:

- **Continue the student in the program with no conditions.**
  In these situations, the concern has been addressed and no further action by the student or program is required.

- **Establish formal conditions for the student's continuance in the program.**
  In these situations, specific conditions must be met in order for the student to remain in the program. Action may include establishing goals, a plan, a timeline, and appropriate monitoring; providing mentoring and support; placing the student on probation and monitoring the student during the probationary period; referring
the student to counseling and/or advising services; allowing the student to follow a reduced course load or delay or deny entry to practical experience; or requiring the student to withdraw from the program with the option of reapplying.

- **Consult with and/or refer to the Dean of Students.**
  In some instances, depending on the nature of the problem, the University's Office of the Dean of Students may be consulted. If a referral is made to that Office after consultation, the student will be notified in writing about the nature of the concern and the fact that the referral is taking place. Situations which may result in referral to the Office of the Dean of Students include scholastic dishonesty, hazing, racial or sexual harassment, possession or use of firearms or other weapons on University property, damage or destruction of University property, and conduct that endangers the health or safety of any University student, employee, or campus visitor.

- **Counsel the student to change majors/degree programs and/or discontinue the student in the program.**
  In some situations, it will be recommended that the student no longer continue in the MS program. The student will be counseled to voluntarily change majors or degree programs. If that does not occur, the student will be dismissed from the program. In either case, the student will be provided with documentation regarding the specific reasons for their dismissal and the conditions, if any, under which they may re-apply.

In any Level 3 review, there must be clear, concise documentation of the problem areas as well as verification that these concerns have been discussed with the student and attempted to be ameliorated, when appropriate. Students must be notified of the decision in writing within ten calendar days of the review. It is the responsibility of the MS Program Director to communicate the decision to the student.

**Academic Grievances**

The information related to the academic grievance process can be found in the Code of Student Life (http://www1.und.edu/code-of-student-life/_files/docs/cosl-2018-2019-622.18.pdf); School of Graduate Studies *Graduate Student Guide to Graduation* available at: https://und.edu/graduate-school/_files/docs/-handbooks/sgs_guide-to-graduation.pdf.
Graduate Handbooks Agreement

I have reviewed the UND N&D Master of Science in Nutrition program handbook & the School of Graduate Student Guide to Graduation, and I agree to abide by all the policies and guidelines found in each handbook.

_______________________________________________
Printed Name

_______________________________________________ _______________________________
Signature       Date