We'd love to know what you have been up to since graduating from UND! Please send us a brief update regarding your professional and personal life and we will publish it in our next newsletter. An example of information to send includes:

Name: Jane Doe
Year Graduated: 1998
Current City & State: Eugene, OR
Current Employment: Eugene Public Health
Family: Husband, John; three children: Josh, Jody, Jenni
Tell Us Your Story: Recently promoted to unit supervisor, recognized by the State of Oregon as an Emerging Leader in Public Health, attended a recent UND alumni reunion on the west coast.

Follow the Department of Nutrition & Dietetics on Social Media!
We’re on Facebook! Search for UND Nutrition and Dietetics Alumni then request to join the group. We post job openings and other departmental events and news.

UND Nutrition & Dietetics Alumni

Erin Lauckner “Grows” Good Nutrition
University of North Dakota sophomore Dietetics student, Erin Lauckner, harvested more than fresh produce this fall, she also harvested certainty and hope for many Grand Forks families who suffer from hunger. This summer, Lauckner planted a large garden and donated 438 pounds of produce to the food pantry at St. Joseph’s Social Care in Grand Forks.

Lauckner became aware of how many people in the community are in need of food during her time volunteering with her fellow Nutrition & Dietetics classmates last fall at Project Connect, a one day event that connects low income individuals with Grand Forks service providers. According to the non-profit, Feeding America, the food insecurity rate is at 10.4% in Grand Forks County which affects 6,990 individuals. Lauckner was “disheartened” by the food insecurity of those living in her community and thought she could help make a difference by donating her time to growing a garden that would benefit those in need.

After consulting with her advisor, Doris Wang, about her idea to grow a garden to benefit a food pantry, Lauckner contacted St. Joseph’s Social Care in early spring and asked if they took donations of fresh produce. St. Joseph’s informed her that several people in the community bring in their extra produce and that they appreciate the donations. So, with a donation location in mind, Erin rented a 22 by 40 foot plot of land from All Seasons Garden Center in south Grand Forks and with the help of her parents and boyfriend, she grew an assortment of plants including; cabbage, peppers, eggplant, squash, potatoes, and more! Lauckner estimates that it took her about 55 hours to plant the garden, tend to it, and harvest the produce, which according to her was a small amount of time to give back to those in need.

The fruits of her labor did not go unnoticed, Lauckner posted a small sign in the garden that read the name of UND’s student organization, the Student Association for Nutrition & Dietetics (SAND), and many of those who passed the garden recognized the name of the organization and struck up a conversation with Erin about the UND Nutrition & Dietetics program and her plans for the garden’s produce. She was excited that not only could her garden provide food to those who are food insecure but she could also bring attending to UND’s Nutrition and Dietetics program.

Cultivation of a large garden may seem like a lot of work for some but gardening is second nature for Lauckner who has a history of tending to plants. Growing up on a farm in Kramer, ND certainly helped chives, tomatoes, cucumbers, squash, edible pumpkins, carrots, beets, eggplant, summer squash, potatoes, and more! Lauckner estimates that it took her about 55 hours to plant the garden, tend to it, and harvest the produce, which according to her was a small amount of time to give back to those in need.

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Finally, this fall CNPD will welcome Rural Health Visiting Scholar, Dr. Angeline Bushy, who will work with faculty to integrate rural content and student experiences across the three areas of curricula. Dr. Bushy is a renowned rural health expert and will be assisting the College in further developing its rural health mission.

I hope you will continue to travel with the College of Nursing and Profession Disciplines into the future as we look to the new technologies, healthcare, and services that we will provide for North Dakota and the region’s rural areas. Please feel free to contact me anytime at gayle.roux@UND.edu or 701.777.4200 as I would love to hear your insight regarding the future of CNPD.

Sincerely,

Gayle Roux
PhD, NP-C, FAAN

The overall goal of the graduate program is to enhance the nutrition profession through the development of advanced-level professionals who are able to integrate research, teaching, practice and service to identify nutrition problems and develop solutions, especially for rural, underserved areas. The program is designed to foster student learning through clear and accurate communication, cultural competency, critical thinking, assessment, and ethical leadership.

To apply for the MS in Nutrition program or to gain more information, you can visit the Nutrition & Dietetics website at: http://nutrition.und.edu/programs/nutrition-education-counseling. The application deadline for enrollment for Fall 2016 is March 15, 2016.

Desiree Tande, PhD, RD/LRD Director - MS Program

New Master’s in Nutrition Program

Community Nutrition Program Update

Gayle Roux, PhD, NP-C, FAAN
Dean’s Corner

“Back to the Future Day” was October 21, 2015 and marked the 30th Anniversary of the day Marty McFly drove his DeLorean into the future in Back To The Future Part II. Although we are not riding on hoverboards nor has our style-sense caught up with the predictions of the cult classic, the College of Nursing and Professional Disciplines (CNPD) has seen some change and advancements in the past thirty years. We certainly are excited about the future of Nursing, Social Work, and Nutrition and Dietetics. I invite you to hop into my DeLorean and take a ride with me as I predict the future role that CNPD will continue to play in rural communities throughout North Dakota and the region.

I predict that in the next 30 years the College of Nursing and Professional Disciplines will be the leader in rural health and social services in the region. This year, CNPD welcomed two new online programs that are educating professionals in our rural areas: the online Bachelor of Social Work (BSSW) program and the Masters of Nutrition program. The online BSSW program was designed with working students in mind. The first cohort is comprised of students who are already employed in social service agencies in rural areas, tribal communities, and oil-impacted communities throughout the state and region. The MS Nutrition program also provides working professionals with the flexibility to receive an advanced degree and to increase their knowledge base and abilities. Both programs will provide rural areas with educated professionals in social services and the healthcare field.

Kay Oiring, PhD, was recognized as a 50 year member of the Academy of Nutrition and Dietetics at the Food and Nutrition Conference and Expo, October, 2015.

Dr. Oiring was initially hired by UND from 1974-1975 to draft the Coordinated Undergraduate Program (CUP) in Dietetics proposal to the American Dietetic Association. She returned to UND in 1980 as an Associate Professor and Program Director for the CUP. During her tenure at UND she obtained her PhD from the University of Minnesota. After resigning from UND she joined the University of Nevada-Reno as an Associate Professor and Director of Clinical Research in the Department of Family Medicine. She also maintained private practice and has had a special interest in adolescent eating disorders. She and her husband, Lew, former UND Biology Professor, are retired and reside in Susanville, California. Dr. Oiring received the University of Nevada’s highest honor to Kay for her longevity, support and advocacy for the professions of nutrition and dietetics.

The Department of Nutrition and Dietetics is pleased to offer a new online Masters in Nutrition with Specialization in Nutrition Education and Counseling program. The graduate program admitted its first cohort of students this fall. Dr. Desiree Tande serves as the Director of the MS program and she along with her Nutrition and Dietetics colleagues were instrumental in its establishment.

“Our new Master’s program offers working professionals who otherwise would have limited access to graduate education in nutrition, the opportunity to pursue an advanced degree; we also now offer the opportunity for current undergraduate students to continue their education right here at the University of North Dakota,” said Tande.

The Community Nutrition major is one of two majors offered by the Department of Nutrition & Dietetics at UND. This major meets the needs of a variety of students – those interested in health and wellness programming, exercise science, graduate studies and other health related professions that require an undergraduate degree prior to admission. This major appeals to students who want to work with healthy populations rather than in health care settings. Both CN and dietetics students take the same challenging science and nutrition courses giving the major a strong, evidenced-based foundation.

We currently have 3 officially declared Community Nutrition majors. There continues to be steady interest in this major with more and more students choosing it from day one, especially from those who are in pre-health programs such as pre-dentistry and pre-medicine. This past summer we had an exceptionally large group of eleven CN students who completed their supervised practice during the summer session. Some of the placement sites were: Lifetime Fitness, WIC clinics, hospital based community wellness program, summer nutrition education program, teaching a health curriculum for junior and senior high Native American students, a home delivered meals program, and food service management. Invariably, students report that the supervised practice experience is the highlight of their time in the major.

The CN degree is very flexible and can be tailored to the interests of the individual student. There is room in the curriculum to pursue a minor, double major or receive other specialty certifications such as Personal Training or Dietary Manager. It also combines well with communications, journalism, business, and foreign language studies. CN students have strong presentation and communication skills and often work in community based nutrition programs such as WIC, Extension Services, Headstart, public health, corporate wellness, assist with research, or start their own businesses. CN majors often pursue some form of graduate studies such as a Master’s of Public Health, medical school, or combined MS & Dietetics degree. They are qualified candidates for the new online Masters of Nutrition offered by our department.

About three years ago the department decided to designate one faculty member as the CN Program Director in response to student requests for a “go-to” person when they have questions about the major, supervised practice and academic advising. I was appointed as the Community Nutrition Program Director in 2012 and have enjoyed working with the students. We have now been through several cycles of applications, placements, and advising, with positive feedback from students. We are pleased to be able to offer the Community Nutrition major as it continues to meet the needs of our student population.

Dean’s Corner

Gayle Roux, PhD, NP-C, FAAN

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New Master's in Nutrition Program

Georgianna Walker, MS, RD, LRD Community Nutrition Program Director
Continued from page 1...

nationally, applicants were narrowed down to about five. Then, the five candidates received a phone interview and from there the pool was narrowed to two or three selections. The Nominating Committee presented the three candidates at the January 2015 ACEND Board meeting where the board members made the final selection of the student representative. Based upon a majority vote, Gallagher was elected to a two-year term on the ACEND Board. Her first year on the Board is considered the “elect year,” meaning she does not have voting privileges. During this year, Gallagher will gain the knowledge required to make thorough decisions regarding accreditation for her second year, which is called the “voting term,” as she will then have voting privileges on the Board. During the “elect year” she will participate in board meetings and discussions, serve as an active member on the ACEND Nominating Committee, and serve as an ACEND liaison to the Academy of Nutrition and Dietetics Student Advisory Committee (AND SAC). As the student representative, Gallagher is responsible for completing educational program reviews and determining if the ACEND educational standards are being met. More specifically, she represents the students and ensures that each educational program meets the students’ needs, recognizes student’s voices, and provides the necessary resources students need to become competent and confident entry-level dietitians. “Regin’s enthusiasm for nutrition and dietetics, her academic and personal achievements, and her organizational and interpersonal skills make her a prime representation of the student perspective on the ACEND Board of Directors,” said Wang. The ACEND Board meets monthly via teleconference and in person twice yearly in Chicago in June and January. In addition, each board member is required to serve on a committee within the Board and participate in one to two teleconference meetings each month. During the board meetings, the members determine accreditation status for all dietetic education programs in the nation. Further, the Board determines the requirements and standards of each program. “The future of dietetics education is changing in an exciting way,” said Gallagher. “Currently, registered dietitians need to complete a baccalaureate degree and 1,200 hours of supervised practice in order to sit for the registered dietitian exam, standards developed by the Commission on Dietetic Registration (CDR). CDR has changed exam prerequisites to 1,200 hours of supervised practice and a master’s degree. Because of this, in addition to determining accreditation status, ACEND is developing competencies for master’s level dietetic education and baccalaureate level dietetic technician, registered education.” The standards for accreditation and the changes to the field are what excite Gallagher about her role on ACEND’s Board. She has also learned a great deal about nutrition and dietetics education and the importance and significance of program accreditation and is pleased to serve a role in the future of the dietetics profession. “I look forward to ensuring that students are protected and put at the forefront of this transition during my remaining time on the Board. At the end of the day, the work that ACEND is doing is shaping the future of dietetics education; that is something I am honored and proud to be a part of,” said Gallagher. The future is bright for the Nutrition and Dietetics profession but for this young dietitian, the future is even brighter with a full resume and knowledge of the field that will provide her with what is sure to be a successful dietetic career.

I would like to begin with the “Chair’s Column” by introducing two new representatives to the Department of Nutrition and Dietetics. My name is Ken Flanagan and I have the honor of serving at the Interim Chair of the Department this year. This is due to the departure this past summer of the previous Chair, Dr. Wanda Koszewski, who accepted a position out of state. I am an Associate Professor in the Department of Social Work and am currently in my seventh year of service at UND. Many exciting things are happening in the Department this year and this issue of the newsletter will highlight a number of them. This year the Department has launched its new Master’s program online and that program is off to a vibrant start with plans for expansion of the program already underway. Dr. Desiree Tande is the director of this program and is providing leadership as the program moves forward. The faculty of the Department are actively screening applicants for two tenure track faculty who will begin their service in the Department next year as we look at expanding the program’s capacity to accept more students into the professional component of the program. One of the past challenges has been to secure adequate numbers of practice sites to provide the required 1,200 hours of supervised practice for each student while maintaining the coordinated model of completing concurrent curriculum requirements on campus. With the use of technology we are increasingly able to deliver part of the didactic courses electronically which enables students to be placed further away from campus for the experiential component of the program. Finally, I want to mention that we have established recent agreements with several new supervised practice sites. Whether it is new sites for us or have been with us for years, many wonderful preceptors are giving freely of their professional time and expertise to help our students gain experience in food service management, community dietetics and medical nutrition therapy. Some sites are able to reinforce the program’s concentration area of dietetic practice in rural communities. We are grateful to each and every facility and preceptor who generously shares their work space and expertise to train our future professionals. We would not have a program without you.
The Department of Nutrition and Dietetics has the good fortune of generous alumni who, through endowments, create opportunities to support students, faculty and program development. Each year undergraduates majoring in Community Nutrition and Dietetics are awarded scholarships to help alleviate the cost of education. Recent recipients are:

- **Olive G. Bushby Scholarship**
  - Hawo Ahmed
  - Sarah Blomquist
  - Devon Burz
  - Anna Carlson
  - Haley Cunningham
  - Nicole Frey

- **Linsey Johnson Scholarship**
  - Nicole Kleyer
  - Jenna Linquist
  - Fatima Mohamed
  - Kristin Torgerson
  - Tera Watson

- **Ina Montgomery Scholarship**
  - Ashley Citrowske
  - David & Marjorie Rognlie Scholarship
  - Dorothy Nelson Sommerfield Scholarship
  - Bruness G. Wenberg Scholarship
  - Ashley Citrowske

**Consider an End of the Year Gift**

Each spring the Department of Nutrition & Dietetics is able to provide thousands of dollars in scholarship money for dietetic and community nutrition majors. This is a direct result of generous giving on the part of alumni. Please consider making a gift to the Department and be a difference-maker for students in the Nutrition & Dietetics program at the University of North Dakota. Your gift will help provide a great learning environment and a distinctive student experience at an affordable cost for our students. Gifts may be made payable to the UND Foundation and sent to the following address: UND Foundation 3501 University Ave, Stop 8157 Grand Forks, ND 58202-8157. Questions about gifts to the Department may be directed to the Alumni Association Foundation office at 701.777.2611.

**Senior Dietetic Students Attend FNCE Conference**

Nine senior Dietetic students recently attended the Food and Nutrition Conference and Expo (FNCE) in Nashville, TN October 3-6, 2015. Students, Haley Cunningham, Nicole Frey, Regin Gallagher, Anna Gessell, Sarah Knodel, Kelly Morrow, Hailey Schminke, Shelby Stein, and Mackenzie Wald enjoyed learning from industry professionals at the world’s largest meeting of food and nutrition experts. More than 10,000 registered dietitians, nutrition science researchers, policy makers, health-care providers, and industry leaders attend this annual meeting which takes place in a different city every year.

For the nine UND Dietetic students that attended FNCE, the conference provided them with an opportunity to connect the information that they have learned in the classroom to policy, research, and best practices with dietetic professionals. They were able to meet industry leaders, view educational sessions, and attend scientific sessions that focused on emerging research that has a direct impact on dietetic practice. The students enjoyed learning from industry leaders but they also had an opportunity to explore the city of Nashville attending the Country Music Hall of Fame and enjoying live music on Broadway Street. The FNCE attendees also enjoyed eating at different local restaurants each night including authentic southern and Italian cuisine. They even met an up-and-coming country musician, Michael Ray! Although they enjoyed the sights and sounds of Nashville, the highlight of the trip for the students was the information they learned during the conference and the opportunity to network with dietetics professionals.

**“Personally, my favorite part of FNCE was the educational sessions. I really enjoyed session on functional foods mitigating hypertension and improving vascular function. The speakers were really passionate about the research they’ve been conducting which shined through during their presentation. Passion like that is contagious,”** Gallagher said.

**Spring 2015: Front Row Scholarship recipients**

- **Haley Cunningham, Sarah left to right**
- **Nicole Frey, Tera Watson, Kristin Torgerson, Hannah Bateman, Hawo Ahmed, Ashley Citrowske right to left**

Scholarship recipients Spring 2015: Front Row left to right – Tera Watson, Haley Cunningham, Sarah Blomquist, Linsey Johnson, Laura Pietig. Back Row left to right – Nicole Frey, Shelby Stein, Regin Gallagher, Kristin Torgerson, Hannah Bateman, Hawo Ahmed, Ashley Citrowske

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- **Dorothy Nelson Sommerfield Scholarship**
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**Senior Dietetics Major, Regin Gallagher, who has a special interest in the medical nutrition therapy area of dietetics, chose to attend educational sessions that focused on emerging research that has a direct impact on dietetic practice. The students enjoyed learning from industry leaders but they also had an opportunity to explore the city of Nashville attending the Country Music Hall of Fame and enjoying live music on Broadway Street. The FNCE attendees also enjoyed eating at different local restaurants each night including authentic southern and Italian cuisine. They even met an up-and-coming country musician, Michael Ray!**

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This fall, the Student Association of Nutrition & Dietetics (SAND) has been busy with a number of events. In addition to our monthly meeting, we try to host at least one other event each month. We kicked off the year with an ice cream social for the faculty, staff, and current students to meet the new Nutrition & Dietetics students and catch up after being apart for the summer. A representative from UND’s Career Services presented after our October meeting about getting the most out of LinkedIn, a social networking website for career exploration and professional development. Each member took away at least one new tidbit about LinkedIn from the presentation, which is important as we often emphasize the importance of networking, especially for seeking employment post-graduation. We have a cookie-baking event in the works for November and the upcoming holiday season. The fall semester has flown by and we are preparing new ideas for the spring semester. I know that 2016 is going to be a good year!

**SAND Tie Blanket**

Laura Waxwik and Laura Pietig sorting donated breads for a local food shelf as part of a service project for students involved in supervised practice.

**Fall 2015 Update**

**Student Association of Nutrition & Dietetics**

By Sarah Blomquist, President

“

“I hope it makes a difference,” Lauckner stated, “Food insecurities are not always visible and we don’t always know people’s situations, so I hope that it helped people in our community.”


“

**Become a Preceptor**

Nutrition & Dietetics volunteer Preceptors play a significant role in the education of UND’s Nutrition and Dietetics students. Dietetics students are required to complete 1,200 hours of field work and Community Nutrition majors are required to complete 180 hours of field work under the supervision of legally qualified professionals. If you would like to share your knowledge and experience with UND’s Nutrition & Dietetics students as a preceptor, please contact Mary Carla Carls at mary.carls@UND.edu.
The Department of Nutrition and Dietetics has the good fortune of generous alumni who, through endowed scholarships, create opportunities to support students, faculty, and program development. Each year, scholarships are awarded to students in majoring in Community Nutrition and Dietetics. The scholarships are made available to help alleviate the cost of education. Recent recipients are:

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After researching ACEND and how they impact the profession, I knew it was something I wanted to be a part of.”

Regin Gallagher

ACEND Board Member

Chair’s Column

Greetings! Twelve students from the Coordinated Program in Dietetics received their diplomas at the Spring, 2015 commencement and have moved on to exciting new careers. While we said goodbye to 12 in May, we welcomed fourteen more into the Class of 2017 in August. Standards are being met. More is needed for the application and selection process for the Class of 2018.

The best way to describe the activities of the dietetics program is, “Preparing for change.” The Academy of Nutrition and Dietetics has given the directive that by the year 2024 all individuals who qualify to take the examination to become a registered dietitian must possess a graduate degree. This major change in our profession, at the national level, and UND dietetics is ready for the challenge. Faculty members, along with all of our stakeholders, are currently examining how to position future graduates of the UND dietetics program to have a graduate degree necessary to take the RD exam. Expect to hear more about this journey over the next several years.

With thoughts of transitioning the Coordinated Program to the Master’s degree level, we are also in the process of determining how to expand the program’s capacity to accept more students into the professional component of the program. One of the past challenges has been to secure adequate numbers of practice sites to provide the required 1200 hours of supervised practice for each student while maintaining the coordinated model of completing concurrent classroom requirements on campus. With the use of technology we are increasingly able to deliver part of the didactic courses electronically which enables students to be placed further away from campus for the experiential component of the program.

Finally, I want to mention that we have established recent agreements with several new supervised practice sites. Whether they are new sites for us or have been with us for years, many wonderful preceptors are giving freely of their professional time and expertise to help our students gain experience in food service management, community dietetics and medical nutrition therapy. Some sites are able to reinforce the program’s concentration area of dietetic practice in rural communities. We are grateful to each and every facility and preceptor who generously shares their work space and expertise to train our future professionals. We would not have a program without you.

Doris Wang, Program Director, Coordinated Program in Dietetics
MPh, RD/LRD

Continued from page 1...

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Ken Flanagan
PhD, MSW, LICSW

New Leadership

Doris Wang
Program Director, Coordinated Program in Dietetics
MPh, RD/LRD
Further, the Nursing program is working to provide students with more opportunities for clinical practicums and learning experiences in rural regions which gives students the knowledge and understanding they need to serve these populations both now and in the future. Nursing students will also continue to be educated on the use of telehealth which utilizes technology to connect providers with patients for primary care needs thus increasing access for patients who would normally be required to travel to receive healthcare.

Finally, this fall CNPD will welcome Rural Health Visiting Scholar, Dr. Angeline Bushy, who will work with faculty to integrate rural content and student experiences across the three areas of curricula. Dr. Bushy is a renowned rural health expert and will be assisting the College in further developing its rural health mission.

I hope you will continue to travel with the College of Nursing and Professional Disciplines into the future as we look to the new technologies, healthcare, and services that we will provide for North Dakota and the region’s rural areas. Please feel free to contact me anytime at gayle.roux@UND.edu or 701.777.4200 as I would love to hear your insight regarding the future of CNPD.

Sincerely,

Gayle Roux, PhD, NP-C, FAAN

The Community Nutrition major is one of two majors offered by the Department of Nutrition & Dietetics at UND. This major meets the needs of a variety of students – those interested in health and wellness, sports, exercise science, graduate studies and other health related professions that require an undergraduate degree prior to admission. This major appeals to students who want to work with healthy populations rather than in health care settings. Both CN and dietetics students take the same challenging science and nutrition courses giving the major a strong, evidenced-based foundation.

We currently have 33 officially declared Community Nutrition majors. There continues to be steady interest in this major with more and more students choosing it from day one, especially from those who are in pre-health programs such as pre-dentistry and pre-medicine.

This past summer we had an exceptionally large group of eleven CN students who completed their supervised practice during the summer session. Some of the placement sites were: Lifestyle Fitness, WIC clinics, hospital based community wellness program, summer nutrition education program, teaching a weight loss program for junior & senior high Native American students, a home delivered meals program, and food service management. Invariably, students report that the supervised practice experience is the highlight of their time in the major.

The CN degree is very flexible and can be tailored to the interests of the individual student. There is room in the curriculum to pursue a minor, double major or receive other specialty certifications such as Personal Training or Dietary Manager. It also combines well with communications, journalism, business, and foreign language studies. CN students have strong presentation and communication skills and often work in community based nutrition programs such as WIC, Extension Services, Headstart, public health, corporate wellness, assist with research, or start their own businesses. CN majors often pursue some form of graduate studies such as a Master’s of Public Health, medical school, or combined MS & Dietetics degree. They are qualified candidates for the new online Masters of Nutrition offered by our department.

About three years ago the department decided to designate one faculty member as the CN Program Director in response to student requests for a "go to" person when they have questions about the major, supervised practice and academic advising. I was appointed as the Community Nutrition Program Director in the fall of 2012 and have enjoyed working with the students. We have now been through several cycles of applications, placements, and advising, with positive feedback from students.

We are pleased to be able to offer the Community Nutrition major as it continues to meet the needs of our student population.

Gayle Roux, PhD, NP-C, FAAN

Desiree Tande
PhD, RD/LRD
Director - MS Program

The overall goal of the graduate program is to enhance the nutrition profession through the development of advanced-level professionals who are able to integrate research, teaching, practice and service to identify nutrition problems and develop solutions, especially for rural, underserved areas. The program is designed to foster student learning through clear and accurate communication, cultural competency, critical thinking, assessment, and ethical leadership.

To apply for the MS in Nutrition program or to gain more information, you can visit the Nutrition & Dietetics website at: http://nutrition.und.edu/programs/nutrition-education-counseling. The application deadline for enrollment for Fall 2016 is March 15, 2016.
We’d love to know what you have been up to since graduating from UND! Please send us a brief update regarding your professional and personal life and we will publish it in our next newsletter. An example of information to send includes:

**Name:** Jane Doe  
**Year Graduated:** 1998  
**Current City & State:** Eugene, OR  
**Current Employment:** Public Health  
**Family:** Husband, John; three children: Josh, Jody, Jenni

Tell Us Your Story: Recenty promoted to unit supervisor, recognized by the State of Oregon as an Emerging Leader in Public Health, attended a recent UND alumni reunion on the west coast.

Alumni news may be sent to Alyssa Walker at alyssa.walker@UND.edu.

Follow the Department of Nutrition & Dietetics on Social Media!

We’re on Facebook! Search for UND Nutrition and Dietetics Alumni then request to join the group. We post job openings and other departmental events and news.

UND Nutrition & Dietetics Alumni

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**Erin Lauckner “Grows” Good Nutrition**

University of North Dakota

Erin Lauckner, harvested more than fresh produce this fall, she also harvested certainty and hope for many Grand Forks families who suffer from hunger.

This summer, Lauckner planted a large garden and donated 438 pounds of produce to the food pantry at St. Joseph’s Social Care in Grand Forks.

Lauckner became aware of how many people in the community are in need of food during her time volunteering with her fellow Nutrition & Dietetics classmates last fall at Project Connect, a one day event that connects low income individuals with Grand Forks service providers. According to the non-profit, Feeding America, the food insecurity rate is at 10.4% in Grand Forks County which affects 6,990 individuals. Lauckner was “disheartened” by the food insecurity of those living in her community and thought she could help make a difference by donating her time to growing a garden that would benefit those in need.

After consulting with her advisor, Doris Wang, about her idea to grow a garden to benefit a food pantry, Lauckner contacted St. Joseph’s Social Care in early spring and asked if they took donations of fresh produce. St. Joseph’s informed her that several people in the community bring in their extra produce and that they appreciate the donations. So, with a donation location in mind, Erin rented a 22 by 40 foot plot of land from All Seasons Garden Center in south Grand Forks and with the help of her parents and boyfriend, she grew an assortment of plants including cabbage, peppers, eggplant, summer squash, potatoes, and more! Lauckner estimates that it took her about 55 hours to plant the garden, tend to it, and harvest the produce, which according to her was a small amount of time to give back to those in need.

The fruits of her labor did not go unnoticed, Lauckner posted a small sign in the garden that read the name of UND’s student organization, the Student Association for Nutrition & Dietetics (SAND), and many of those who passed the garden recognized the name of the organization and struck up a conversation with Erin about the UND Nutrition & Dietetics program and her plans for the garden she produces. She was excited that not only could her garden provide food to those who are food insecure but she could also bring attending to UND’s Nutrition and Dietetics program.

Cultivation of a large garden may seem like a lot of work for some but gardening is second nature for Lauckner who has a history of tending to plants. Growing up on a farm in Kramer, ND certainly helped

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**Gallagher Named to ACEND National Board**

UND senior Dietetics major, Regin Gallagher can be described as a go-getter, a high achiever, and now a Board Member.

This year, Gallagher was elected as the Accreditation Council for Education in Nutrition and Dietetics (ACEND) Student Representative-elect for the 2015-2016 Board. The ACEND Board is the governing unit of the Academy of Nutrition and Dietetics (AND) which grants accreditation awards to educational programs that prepare students for careers as registered dietitian nutritionists (RDN) or dietetic technicians, registered (DTR).

The ACEND Board is composed of 15 members. One student in the nation is selected each year to be appointed to the Board which is highly competitive. Gallagher chose to apply for the Student Representative position when Doris Wang, Assistant Professor of Nutrition and Dietetics, brought the opportunity to her attention.

“After researching ACEND and how they impact the profession, I knew it was something I wanted to be a part of,” said Gallagher.

To apply, she had to complete an application, provide a resume, a letter of interest, and a letter of recommendation to the board by October 31, 2014. The ACEND Nominating Committee reviewed the applications and the pool of

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**The Mission of the Department of Nutrition and Dietetics is to Prepare Students to be Practice Ready Food and Nutrition Professionals Who Impact the Quality of Life for North Dakotans and Beyond.**